

Power Over Pain: How to Get the Pain Control You Need

By Eric M. Chevlen and Wesley J. Smith

Eric M. Chevlen and Wesley J. Smith, *Power Over Pain: How to Get the Pain Control You Need*. Steubenville, Ohio: International Task Force on Euthanasia and Assisted Suicide, 2002.

This book is a breakthrough for those who are suffering severe pain. Written in easy-to-understand language by noted pain expert Eric Chevlen, MD and patients-rights activist Wesley J. Smith, *Power Over Pain* offers helpful advice and important information to help patients and their families obtain the relief they so desperately need. The book offers help with finding the right doctor and overturns old ideas that often hold back the medical community from approaching pain relief aggressively. Perhaps most importantly of all, *Power Over Pain* gives specific action points for getting past the obstacles to pain relief - obstacles too often attributable to health insurance companies and HMOs. In his review of the book, N. Gregory Hamilton, MD (President of Physicians for Compassionate Care) wrote, "For those with life-threatening illness, the message is clear: no one needs to die in unrelieved pain. For those with less threatening but equally painful conditions, there is also help. This is a book about the wonderful help available and how to go about getting it."

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