

## **Pain Management: Beyond Pharmacology to Acupuncture and Hypnosis**

By Jane E. Loitman, MD

Jane E. Loitman, MD, Pain Management: Beyond Pharmacology to Acupuncture and Hypnosis, 283 JAMA 118 (2000).

Dr. Jane Loitman introduces the reader to alternative methods of pain management, which include acupuncture and hypnosis. Loitman stresses the need for clinicians to understand the underlying anatomical factors that induce pain in a patient and to be knowledgeable about factors other than pharmacotherapy, surgery, psychotherapy, and physical therapy as modalities to assist in relieving pain.

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